HOW TO CLEAN YOUR HANDS

HOW TO HAND RUB

1



Apply about a loonie-sized amount of product to your hands

2



Rub hands together, including between and around your fingers

3



Rub back of each hand with palm of other hand

4



Rub fingertips of each hand in opposite palm

5



Rub each thumb clasped in opposite hand

6



Rub hands until product is dry. Do not use paper towels

7



Once dry, your hands are safe

Vancouver CoastalHealth